

Final Eligibility Committee List
(for moves during August 2023)



First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Alyssa	Baker	U20	Newport Harriers	Pont-Y-Pwl & District Runners	East Wales	02/08/2023
Andrew	Dickens	Senior	Lliswerry Runners	Fairwater Runners Cwmbran	East Wales	21/08/2023
Cerianne	Jenkins	Senior	Lliswerry Runners	Fairwater Runners Cwmbran	East Wales	01/09/2023
Lauren	O'Reilly	Senior	Newport Harriers	Brecon AC	East Wales	18/08/2023
Elizabeth	Sim	Senior	Ogmore Phoenix Runners	Spirit Of Monmouth	East Wales	10/08/2023
Stephen	Smith	Senior	Caerleon RC	Lliswerry Runners	East Wales	02/08/2023
Peter	Gray	Senior	Cadence Tri	Buckley RC	North Wales	02/08/2023
Charlotte	Harvey	Senior	Penyffordd Run Club	Buckley RC	North Wales	03/08/2023
Ryan	Morrison	Senior	Cadence Tri	Buckley RC	North Wales	28/08/2023
Nick	Owen	Senior	Eryri Harriers	Meirionnydd Running Club	North Wales	20/08/2023
Claudia	Smith	Senior	Abergele Harriers	Prestatyn RC	North Wales	30/08/2023
Gavin	Stuart	Senior	Cybi Striders	Meirionnydd Running Club	North Wales	31/08/2023
Mia	Allen	U20	Bridgend Athletics	Ogmore Phoenix Runners	South Wales	25/08/2023
Paul	Butcher	Senior	Run4All Neath	Clwb Run Wales	South Wales	23/08/2023
Rhys	Hardman	U20	Cardiff Athletics	Bridgend Athletics	South Wales	09/08/2023
Geraint	Lewis	Senior	Ogmore Phoenix Runners	Cornelly Striders AC	South Wales	01/09/2023
Abbie	Williams	U13	Bridgend Athletics	Cardiff Athletics	South Wales	30/08/2023
Micah	Dougall	Senior	Spirit Of Monmouth	Tri Hard Harriers	West Wales	09/08/2023
Aled	Hopkins	Senior	Celtic Tri	Run4All Neath	West Wales	01/09/2023
Lauren	Jones	Senior	Run4All Neath	Celtic Tri	West Wales	14/08/2023
Sali	Owen	U15	Aberystwyth AC	Carmarthen & District Harriers	West Wales	04/08/2023